



### Dynamic Athletics Safety & Sanitation Rules

All DA athletes must have a MindBody account and have agreed to the online waiver. In addition, all DA athletes under age 18 must have a signed Legal Guardian Agreement.

All DA athletes must enter through the DA designated entrance and depart through the DA designated exit.

Prior to the start of any class, DA athletes may only wait in the bleachers and must remain at least six feet apart until their class is ready to start. Do not arrive more than 5 minutes prior to your class.

Before the start of each class, DA instructors must check each student in and confirm they are symptom free. All DA athletes will have their temperatures taken before each class. Any athlete with an elevated temperature will be required to leave the facility immediately.

No DA Athletes will be allowed to sign up at the facility-all sign-ups must be done on-line and all classes must be reserved on-line prior to coming to STC. If there is a class booked and an athlete is a no-show or cancels less than 4 hours before class, there will be a \$10.00 fee charged.

Only athletes participating in a lesson/workout will be allowed to enter the building. Spectators/parents are not allowed.

DA athletes must wash/or sanitize their hands before and after workouts and at any breaks. Disinfectant Foam stations are located throughout the building.

All DA classes will end 5 minutes before the hour so that equipment can be sanitized and athletes can leave the building and allow new athletes to enter. Athletes should not socialize in the building.

Each DA athlete will receive a clean towel and disinfectant bottle and be required to wipe down all equipment that they use or touch throughout the class. Athletes must discard the towels into a laundry bin upon leaving the building.

There will be no partner drills during the training sessions. Athletes should maintain six feet distance between each other during training sessions.

DA Athletes shall wear face masks in the event they are unable to maintain six feet social distancing throughout their workout. This will be the personal responsibility of each athlete.

All DA athletes/instructors shall cough or sneeze into a tissue and discard after doing so. If a tissue is not available, please use your upper sleeve or elbow.

All DA employees must wear face masks and have their temperature taken at the beginning of their work schedule and confirm they are symptom free.

The turf will be sprayed at the end of each night with disinfectant spray, as well as all restrooms and common areas. All equipment will be disinfected at the end of each night.

Classes –subject to change at our discretion:

Mornings:

Monday-Friday

12 athletes per class

Afternoons:

Monday-Friday

20 athletes per class

Groups will be split into 2 groups of 10 to help comply with social distancing.